

Inclusion Audit

Who Is Doing the Adapting?

This quick check helps adults notice when 'inclusion' is actually a child carrying the work. It's not about blame — it's about responsibility.

Step 1: What are we calling success?

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What might we be missing if we only measure the first four?

Compliance can look like success — even when a child is coping.

Step 2: Are adjustments fading because the child is 'doing well'?

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Support should match the environment — not the past.

Support shouldn't be something children earn through struggle.

Step 3: Social inclusion — who carries responsibility?

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Does inclusion rely on the child being brave — or the environment being safe?

Inclusion is shared responsibility — not a burden placed on the child.

Step 4: What changes when support is provided?

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Support can make children safe enough to be honest.

The goal isn't looking fine — it's being safe.

Step 5: What does it cost the child after school?

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A child can look regulated and still be overwhelmed.

If the child pays the price, the system isn't inclusive.

Step 6: One system change (trial for 2 weeks)

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My 2-week trial:

How we'll know it helped:

Inclusion adapts the system — not the child.