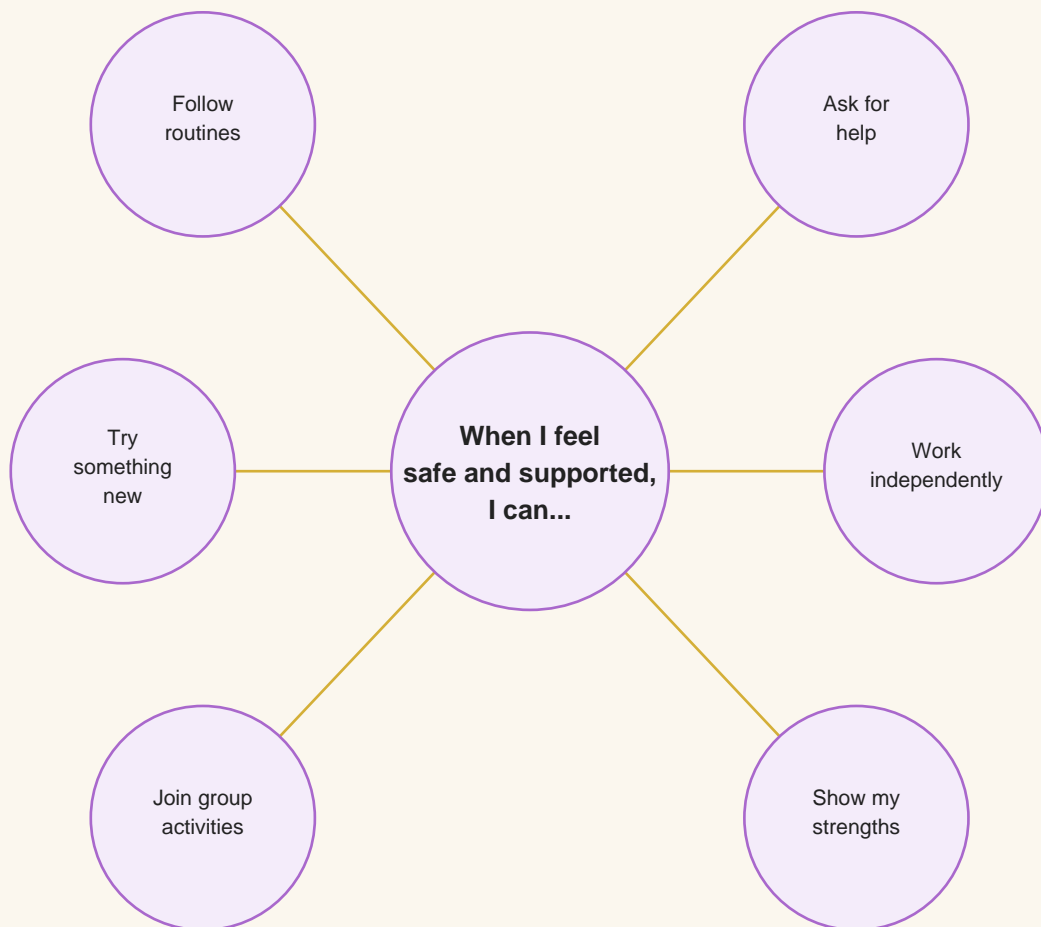


When I Feel Safe and Supported, I Can...

Safety helps strengths become easier to see.

Strengths are easier to show when students feel safe enough to use them.



Reflection

One thing that helps me feel safe at school:

Safety & Strength Check

1 = least true for me • 10 = most true for me

Rate each statement

I feel safer when I have predictable routines.

I feel safer when I have a familiar face nearby.

I feel overwhelmed in group settings.

I like trying first before being helped.

I find it hard to ask for help.

I feel safer joining in when I know what to expect.

I find group work easier when roles are clear.

I like having time to get to know people slowly.

Support becomes more effective when students feel understood.

What I Want My New Teachers to Know

Small supports can make strengths easier to access.

Teacher Insight

One support that helps me show my strengths:

One thing that makes group work easier for me:

One thing that helps me feel calm when things change:

One thing I wish adults understood sooner:

Before we plan support, we notice strengths.