

# Micro-Scripts for Hard Moments

Parent + Teacher wording (Starter Version)

*Short phrases to keep safety first — without dropping expectations.*

## Parent wording

### When it's escalating

- I can see this is hard. We're safe.
- You're not in trouble. I'm here.
- Let's pause first, then we'll decide.
- We can try again smaller.

### Keep the expectation, change the pathway

- We're keeping the expectation — we're changing the pathway.
- Same goal. Smaller step.
- Not yet doesn't mean not ever.
- I'll help you start. You do the next part.

### When it's a "no"

- You can take a break. The task stays.
- Do you want A or B? (two okay options)
- First one small part, then reset.
- I'll hold the boundary kindly.

### Change the wording (keep the intent)

- We're not doing it this way today.
- We're building up to it — step by step.
- Same expectation, different support.
- Not now doesn't mean not ever.

**If it feels urgent: Pause. Safety first. Then progress.**

## Teacher wording

### When it's escalating

- I can see this is hard. You're safe here.
- You're not in trouble. I'm here to help.
- Let's pause, then we'll re-enter.
- We'll try again with support.

### Keep the expectation, change the pathway

- Same expectation — different pathway.
- Same goal. Smaller step.
- Not yet doesn't mean not ever.
- I'll support the start — you take the next step.

### When it's a "no"

- You can take a break. The expectation stays.
- Choice: A or B. (both acceptable)
- First a tiny step, then we pause.
- I'm holding the boundary calmly.