

Beyond the School Gate

Because belonging doesn't stop at 3 p.m.

Some children cope all day — and come home completely spent.

What happens after school shapes confidence, connection, and independence.

This mini helps you notice what your child may need beyond the classroom.

After School, My Child Usually...

- Needs quiet before talking
- Avoids homework at first
- Seeks connection immediately
- Appears irritable or flat
- Is energised and talkative
- Struggles more on certain days

The hardest time of day is:

Belonging Builds in Small Spaces

Confidence often grows in familiar, low-pressure environments.

- Time with one trusted friend
- A familiar adult
- Community group or club
- Creative activity
- Movement or sport
- Family routine

One Small Next Step

One small opportunity we could explore this term:

What would make this feel safe to try:

Belonging grows beyond the school gate.